

STEP UP

FOR OSTOMY

Save
the
Date

Will you Step Up for those who need our support?

On September 30, 2023 - Join the over 135,000 Canadians Living Life to the Fullest with an Ostomy.

USE YOUR VOICE – Raise Awareness!

EDUCATE – Eliminate Stigma!

FUNDRAISE – Help to Enhance Ostomy Canada Programs!

Let's Surpass last year's fundraising total of over \$85,000! This year we will be bigger and better than ever!


Sept
23
2023

Enroll or donate at stepupforostomy.ca



Ostomy
Canada
Society | Société
Canadienne des
Personnes Stomisées

ostomycanada.ca



Ostomies
are
Life-Savers

One Step,
Two Step,
Let's All Step Up
For Ostomy!

Walk, Run, Bike, Hike
Do whatever you Like!