



STEP UP

FOR OSTOMY

Will you Step Up for those who need our support?

On September 23, 2023 - Join the over 135,000 Canadians Living Life to the Fullest with an Ostomy.

USE YOUR VOICE – Raise Awareness!

EDUCATE – Eliminate Stigma!

FUNDRAISE – Help to Enhance
Ostomy Canada Programs!

Let's be bigger and better than ever!

Enroll or donate at stepupforostomy.ca



Ostomy
Canada
Society | Société
Canadienne des
Personnes Stomisées

ostomycanada.ca



Sept
23
2023

**One Step,
Two Step,
Let's All Step Up
For Ostomy!**

**Walk, Run, Bike, Hike
Do whatever you Like!**